

RESERVE YOUR SEAT BY  
JUNE 21, 2026

CLUB 50 & LIVE WELL WATERTOWN

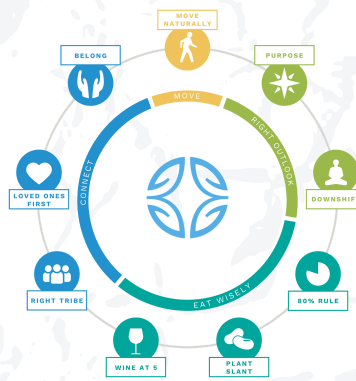
# BLUE ZONES<sup>®</sup> WELLNESS PROGRAM-*PART II*

THURSDAY, JUNE 25, 2026 - 5:00-7:00PM

*This event is free and refreshments will be served.*

Watertown  
— Savings Bank —

The Commander's Mansion  
440 Talcott Ave; Watertown



**JOIN US FOR A SECOND BLUE ZONES<sup>®</sup> INSPIRED WELLNESS DISCUSSION FEATURING TIPS TO MOVE MORE, EAT WISELY, CONNECT WITH YOUR COMMUNITY AND LIVE BETTER, LONGER.**

*New excerpts from the Netflix Blue Zones documentary will be shown followed by discussion.*

\*CALL OR EMAIL TO RESERVE YOUR SPOT!

club50@watertownsavings.com  
617-928-2337

Watertown Savings Bank (WSB) and the City of Watertown's Live Well Program are co-sponsoring this event for the community. By attending, I give my permission to duplicate & use for advertising purposes, any photographs taken of me at this event.

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